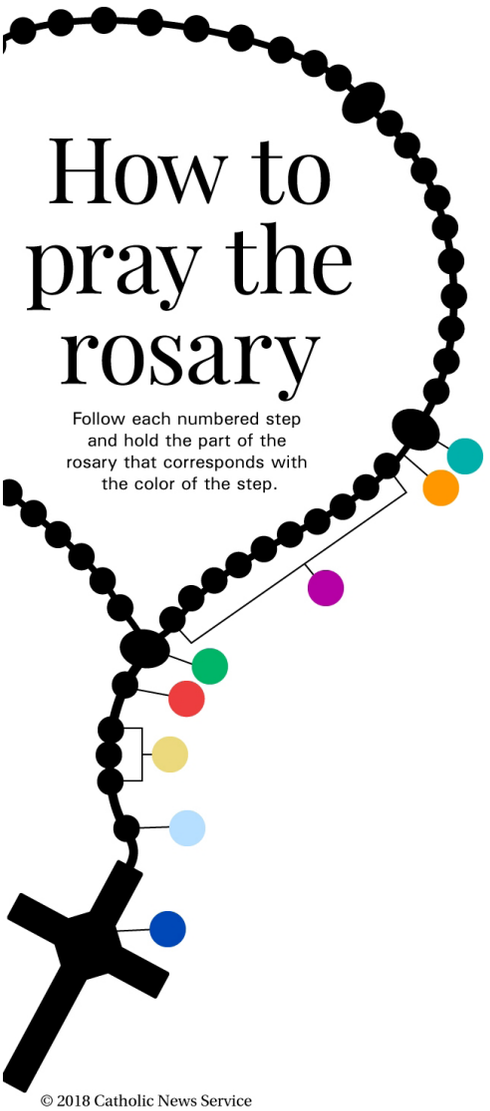
October is the Month of the Holy Rosary!



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1. Make the Sign of the Cross and say the Apostles' Creed
2. Say the Our Father
3. Say three Hail Marys
4. Say the Glory Be
5. Announce the first mystery and then say the Our Father
6. Say 10 Hail Marys while meditating on the mystery
7. Say the Glory Be (Optional: Say the O My Jesus prayer requested by Mary at Fatima)
8. Announce the second mystery; then say the Our Father and repeat these steps as you continue through the remaining mysteries.
9. Say the Hail, Holy Queen
10. Make the Sign of the Cross

Find the mysteries here: https://bit.ly/1hNNOc4

The repetition in the Rosary leads one into restful and contemplative prayer related to each Mystery. The gentle repetition of the words helps us to enter into the silence of our hearts, where Christ's spirit dwells.

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